



Jasmine Jeffers, M.D.
3825 Medical Park drive
Suite 300
Austell, Georgia 30106

Your procedure date is _____ Please arrive at _____ am/pm

Upper Endoscopy

You may not drive, use a taxi, bus or other forms of public transportation after this procedure. A friend or relative must accompany you to drive and/or assist you home.

General Pre-Op Instructions

Do not eat or drink anything after midnight the night before your Procedure

The morning of your procedure you may take your blood pressure, heart medication with a small amount of water. Stop taking iron supplements 7 days before your procedure.

Patients with Diabetes:

If you usually take your medication:

By mouth (orally): Do not take it the night before or the morning of your procedure.

By injection: Take $\frac{1}{2}$ your usual dose of insulin the night before the procedure. Do not take your morning dose. You may bring your insulin with you to the Center. You may also bring orange juice, crackers or small snacks for after your procedure.

Patients taking Plavix, or anti-inflammatory medication: (ASA, Motrin, Ibuprofen, Aleve, Naprosyn, Mobic), quit taking these medications 5 days prior to your procedure, they act as a blood thinner.

PATIENTS TAKING COUMADIN: Dr. Jeffers will give you specific instructions regarding when to stop taking these medications. If you have a biopsy or polyp removed during your procedure, Dr. Jeffers will advise you when to resume the medication.